## **ABSTRACT**

A grip tape is provided for application to a substrate without substantially entrapping air bubbles between the tape and the substrate. The tape includes a sheet of film of one or more plies, a layer of grit material fixed on one side of the sheet and an adhesive layer on the other and a plurality of perforations extending therethrough. The perforations are distributed over an area of the tape and provide openings for fluid passage therethrough that define a cumulative cross-sectional area that is no more than about 1% of the tape area over which the perforations are distributed. The perforations are sized and spaced apart to provide sufficient fluid passage therethrough to substantially prevent air bubbles from forming between the tape and the substrate.

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